

Hassan Sobhi Alabsi / DHA Clinical Nutritionist And Dietetics

Alain alaqeba khalifa Ben sultan st villa number 17
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Dear Hiring Manager,

Clinical Nutritionist and dietetics WITH DHA ELIGIBILITY

I am writing to express my interest in the Clinical Dietitian position . I am a DHA-eligible dietitian with 10 years of experience . I have a strong passion for helping people improve their health through nutrition, and I am confident that I have the skills and experience that you are looking for in a clinical dietitian.

In my previous role as a clinical dietitian and nutritionist, I worked with a variety of patients, including those with chronic diseases, eating disorders, and cancer. I developed individualized nutrition plans, provided counseling, and educated patients on how to make healthy food choices. I also worked closely with other healthcare professionals to provide comprehensive care to my patients.

I am skilled in motivational interviewing and behavior change techniques, and I am confident that I can use my skills and experience to make a positive impact on the health of your patients. I am also a highly motivated and results-oriented individual, and I am always willing to go the extra mile to help my patients. I am also a team player and I am able to work effectively with others.

I have extensive knowledge of nutrition and dietetics, including the latest research on the effects of nutrition on health. I am also skilled in a variety of areas, including nutritional therapy, diet modification, community nutrition services, nutrition program management, nutrition needs assessment, patient education, diabetes management, nutrition principles, diabetic lifestyle planning, dietary habits evaluation, nutrition consulting, parenteral nutrition, weight management, and surgical nutrition.

I am eager to learn more about the Clinical Dietitian position in your hospital , and how I can contribute to your team. I have attached my resume for your review, and I look forward to hearing from you soon.

Thank you for your time and consideration.

Sincerely,

Hassan alabsi

Hassan Sobhi Alabsi / DHA Clinical Nutritionist And Dietetics

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Objective

Registered Dietitian with 10+ years of experience in clinical nutrition. Seeking a position in a hospital setting where I can use my skills and knowledge to provide comprehensive nutrition care to patients..

Experience

- **7oct hospital** May 2011 - 2019
Clinical Nutritionist Head of clinical nutrition department
 - Assessing patient nutritional status through history, physical exam, and laboratory data
 - Advise patients and their families on nutritional principles, dietary plans and diet modifications, and food selection and preparation.
 - provided dietary counseling and developed personalized nutrition plans for patients with various medical conditions, such as diabetes, heart disease, cancer, and gastrointestinal disorders
 - Monitored patients' progress and made adjustments to their nutrition plans as needed.
 - Identifies patients at risk of malnutrition based on Nutrition Screening Criteria.
 - Prescribe nutritional intake and/or restrictions to patients under care.
 - Documenting patient care in accordance with established standards by keeping detailed notes of his interactions with patients, their families, and other healthcare professionals.
 - Collaborating with other healthcare professionals to provide comprehensive patient care.
- **Libyan international hospital** 2019 - 2022
Clinical Nutritionist and dietetics
 - Experience with teenage and infants
 - Developing and implementing nutrition plans that meet the individual needs of patients
 - Collaborated with physicians, nurses, and other healthcare professionals to ensure comprehensive and coordinated care
 - Educated patients and their families on healthy eating habits, food safety, and disease prevention
 - Develop and implement individual and/or group dietetic interventions, in collaboration with the patient(s) and medical team to achieve therapeutic goals.
 - Engage patients in dietetic related tasks and encourage them in a compassionate manner, to support them in achieving their identified goals
 - Monitor and evaluate treatment in order to measure progress and modify the dietary intervention

Education

- **Benghazi university** 2010
Bachelor's degree in public health nutrition department
74%

Skills

- Nutritional therapy • Extensive dietetics knowledge • Knowledge of genes and nutrients • Motivation

techniques • Client motivation techniques • Diet modification • eating disorder • Community nutrition services • Nutrition programme management • Nutrition needs assessment • Patient education • Diabetes management • Nutrition principles • Diabetic lifestyle planning • Dietary habits evaluation • Nutrition consulting • Parenteral nutrition • Weight management • Surgical nutrition

Projects

- **Create of nutrition department**

Head of nutrition department in 7oct hospital

We created this department and lead the kitchen to service a good and quality diet for patients depends on their situation

Interests

- Social media marketing
- Reading books
- Volunteering for helping people
- Sports nutrition

Languages

- Arabic English

Personal Details

- Date of Birth : 25/08/1987
- Nationality : Egyptian
- Gender : Male

Reference

- **Ahmed al zoway - Manager of medical services**

Medical director of 7th Oct hospital

Ahmadelzway@gmail.com

+218 92-5125769

Volunteering

- Volunteer Experience:

Benghazi Goodness Organization, Benghazi
Volunteer | 3 years

Played an instrumental role in the post-war rehabilitation and support efforts by collaborating with the Benghazi Goodness Organization.

Provided crucial assistance to individuals and families affected by the aftermath of war, offering emotional support, counseling, and distributing essential supplies.

Breast Cancer Awareness Campaign
Volunteer

Actively participated in a breast cancer awareness campaign, promoting early detection and prevention methods within the local community.

Collaborated with healthcare professionals and other volunteers to organize informative workshops, seminars, and events to educate individuals about breast health.

Project Achievement

- Created and implemented a new nutrition department in a hospital, increasing patient satisfaction with food services by 15% and reducing hospital readmission rates by 5%.
- Developed and implemented a new nutrition education program for patients and staff, resulting in a 20% increase in knowledge of healthy eating.
- Led a team of dietitians and nurses in the development of new clinical guidelines for nutrition care, which were adopted by the hospital's medical staff.