

# Hassan Sobhi Alabsi / DHA Clinical Nutritionist And Dietetics

Alain alaqeba khalifa Ben sultan st villa number 17  
+971501218069 | hasooon861@gmail.com

Dear Hiring Manager,

Clinical Nutritionist and dietetics WITH DHA ELIGIBILITY

I am reaching out to express my interest, in the role of Clinical Dietitian and Nutritionist. With a decade of experience as a Registered Dietitian (RD) I have developed a passion for aiding individuals in enhancing their well being through nutrition.

My expertise lies in providing guidance to patients who are dealing with various medical conditions such as diabetes, heart disease and obesity. Over the years I have worked across settings including hospitals, outpatient clinics and long term care facilities.

As a experienced dietitian I possess an up to date understanding of the latest advancements in nutrition science. Additionally I am proficient in utilizing records (EMRs) and other clinical software.

I am confident that my skills and experience align perfectly with what you're seeking in a Clinical Dietitian and Nutritionist role. Moreover I am also eligible for DHA certification as a dietitian.

I am enthusiastic about acquiring details regarding the Clinical Dietitian and Nutritionist position as I believe that my expertise would be an addition to your team.

Please find attached my resume along with the DHA eligibility letter, for your perusal. Kindly let me know when it would be convenient for you to schedule an interview.

Thank you sincerely for your time and consideration.

Warm regards.

[Hassan Alabsi]



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## Objective

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Registered Dietitian with 10+ years of experience in clinical nutrition. Seeking a position in a hospital setting where I can use my skills and knowledge to provide comprehensive nutrition care to patients..

## Experience

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- **Toct hospital** May 2011 - 2019  
Clinical Nutritionist  
Head of clinical nutrition department.
  - Advise patients and their families on nutritional principles, dietary plans and diet modifications, and food selection and preparation.
  - Conducted nutritional assessments,
  - provided dietary counseling and developed personalized nutrition plans for patients with various medical conditions, such as diabetes, heart disease, cancer, and gastrointestinal disorders.
  - Monitored patients' progress and made adjustments to their nutrition plans as needed.
  - Identifies patients at risk of malnutrition based on Nutrition Screening Criteria.
  - Prescribe nutritional intake and/or restrictions to patients under care.
  - Documenting patient care in accordance with established standards by keeping detailed notes of his interactions with patients, their families, and other healthcare professionals.
  - Represent the dietetic profession in team meetings and working groups.
- **Libyan international hospital** 2019 - 2022  
Nutritionist and dietetics
  - Clinical Nutritionist for adults and pediatric patients
  - Experience with teenage and infants
  - Collaborated with physicians, nurses, and other healthcare professionals to ensure comprehensive and coordinated care
  - Educated patients and their families on healthy eating habits, food safety, and disease prevention
  - Develop and implement individual and/or group dietetic interventions, in collaboration with the patient(s) and medical team to achieve therapeutic goals.
  - Engage patients in dietetic related tasks and encourage them in a compassionate manner, to support them in achieving their identified goals
  - Monitor and evaluate treatment in order to measure progress and modify the dietary intervention .

## Education

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- **Benghazi university** 2010  
Bachelor's degree in public health nutrition department  
74%

## Skills

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- Nutritional therapy • Extensive dietetics knowledge • Knowledge of genes and nutrients • Motivation techniques • Client motivation techniques • Diet modification • Community nutrition services • Nutrition programme management • Nutrition needs assessment • Patient education • Diabetes management • Nutrition principles • Diabetic lifestyle planning • Dietary habits evaluation • Nutrition consulting • Parenteral nutrition • Weight management • Surgical nutrition

## Projects

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- **Create of nutrition department**

Head of nutrition department in 7oct hospital

We created this department and lead the kitchen to service a good and quality diet for patients depends on their situation

## Interests

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- Social media marketing
- Reading books
- Volunteering for helping people
- Sports nutrition

## Personal Details

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- Date of Birth : 25/08/1987
- Nationality : Egyptian
- Gender : Male

## Reference

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- **Ahmed al zoway - Manager of medical services**

Medical director of 7th Oct hospital

Ahmadelzway@gmail.com

+218 92-5125769

## Volunteering

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- Volunteer Experience:

Benghazi Goodness Organization, Benghazi  
Volunteer | 3 years

Played an instrumental role in the post-war rehabilitation and support efforts by collaborating with the Benghazi Goodness Organization.

Provided crucial assistance to individuals and families affected by the aftermath of war, offering emotional support, counseling, and distributing essential supplies.

Breast Cancer Awareness Campaign  
Volunteer

Actively participated in a breast cancer awareness campaign, promoting early detection and prevention methods within the local community.

Collaborated with healthcare professionals and other volunteers to organize informative workshops, seminars, and events to educate individuals about breast health.

## Project Achievement

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- Created and implemented a new nutrition department in a hospital, increasing patient satisfaction with food services by 15% and reducing hospital readmission rates by 5%.
- Developed and implemented a new nutrition education program for patients and staff, resulting in a 20% increase in knowledge of healthy eating.
- Led a team of dietitians and nurses in the development of new clinical guidelines for nutrition care, which were adopted by the hospital's medical staff.