

Jenny A. Exconde

Al Raha Bldg. Flat 1402, Najda Street
Abu Dhabi, UAE
Phone: +971547698120
Email: jennyexconde1977@gmail.com



Profile: Caring and certified health care provider with 13 years of professional experience. Highly skilled in providing basic care to patients with in depth knowledge to the most updated and internationally accepted nursing principles and theories.

Professional Experience:

Nursing Assistant / Patient Aide

Burjeel Medical Center Al Shamkha
Shamkha, Abu Dhabi
United Arab Emirates
July 2017 – Present

- ✓ Receives guests and ensure that initial assessment of patient is carried out.
- ✓ Assist the physician during the consultation in performing the medical check-up and examination.
- ✓ Reports any significant changes in the patient's condition to the physician immediately.
- ✓ Ensures that the patient is given all the necessary required documents after the consultation.
- ✓ After the consultation, guides the patient to laboratory, radiology, pharmacy and pre-anesthesia evaluation if required.
- ✓ Follows up the insurance approval with the insurance department.
- ✓ Ensures patients safety and reports any incidents or unsafe practice.
- ✓ Provides the required assistance for the nursing and the unit team.
- ✓ Initiates emergency codes as appropriate.

Senior Care Associate

Thye Hua Kwan Moral Charities Ltd.
Singapore
August 2010 – September 2016

- ✓ Training and mentoring junior care associates.
- ✓ Assisting trained nurse in administering medications.
- ✓ Ensuring the health and safety of the clients.
- ✓ Reporting and health and safety issues or equipment failure to the case manager.
- ✓ Communicating effectively to the colleagues and case managers
- ✓ Providing personal hygiene and care to the clients with regards to their daily living needs.
- ✓ Contributing to the therapeutic and social programs offered to the individual clients.
- ✓ Assisting clients in memory retaining and life skill exercises.
- ✓ Supervise clients at meal time ensuring they have adequate intake of prescribed daily nutrition.
- ✓ Undertaking generic cleaning and hygienic duties which includes proper disposal of waste and medical paraphernalia.

Nursing Aide

Moral Home for Disabled Adults

Singapore

April 2002 – April 2010

- ✓ Provided professional care to the disabled residents in a four story building which houses 110 senior citizens and psychiatric rehab patients.
- ✓ Assisted patients with mobility problems to ensure appropriate transfer with the right lifting techniques.
- ✓ Assisted patient's individual needs including bathing, dressing, toileting, turning and making beds.
- ✓ Took care of the patient's oral and dental hygiene.
- ✓ Maintained and monitored patient's diaper change routines.
- ✓ Escorted patients to and from the hospital whenever necessary.
- ✓ Monitor patient's vital signs.
- ✓ Draped patients for various types of examinations.
- ✓ Change and apply wound dressing aseptically (ulcer/operation site).
- ✓ Administered medications, exercises and special treatments on a timely manner and as directed.
- ✓ Supervise and serve food to the resident's at bedside or dining area as required.
- ✓ Recorded and reported any changes in the behavior and general condition of the rehab patient.
- ✓ Observed and strictly implemented philosophies and procedures set out within the nursing home facility.
- ✓ Maintained nursing care plans updated on a daily basis.
- ✓ Supervised and mentored junior care staffs.

Education:

Health Care (Home Care) Course

Institute of Technical Education (ITE)

East College, Singapore

August 2005 – January 2006

Bachelor of Science in Nursing

San Pablo Colleges, Philippines

June 1995 – March 1999

Trainings and Seminars Attended:

Basic Life Support/ First Aide Training

Philippine National Red Cross Safety Services

February 1998

Philippines Measles Elimination Campaign

Department of Health, Philippines

September 1998

Move Against Diabetes II

San Pablo Laguna, Philippines

January 1999

Volunteer Nurse

Rotary Club of Silangan, Philippines

February 1999

Standard First Aide Training

Singapore Red Cross Society

October 2010

Character References:

Available upon request.