

Suhaib Ahmad

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OVERVIEW

- ✓ Highly motivated, proficient, skilled and competent physiotherapist holding experience in musculoskeletal, manual therapy, sports, neurology, pediatrics and cardiopulmonary physiotherapy practice.
- ✓ A responsible, energetic, and confident clinician with excellent communication skills, aimed to promote the multidisciplinary patient care culture in healthcare industry.
- ✓ Dedicated professional who can work individually and as part of a larger MDT while adhering to the evidence-based practice methodology.
- ✓ In addition to my knowledge and expertise in physiotherapy, I am an expert user of MS Word, MS Excel, MS Power Point, and SPSS.
- ✓ I have a plethora of experience offering cutting-edge, creative physiotherapy interventions that successfully maximize clinical results.

WORK EXPERIENCE

Clinical physical therapist

Marhaba Polyclinic tertiary care center , Pakistan

(Nov 2020 – May 2023)

- Assessment and Management of different neurological, geriatrics and MSK conditions.
- Planning and implementing comprehensive rehabilitation programs appropriate to the patient concerned.
- Maintaining a comprehensive medical record of all patients.
- Training the students for differential diagnosing, clinical reasoning and history taking according to evidence-based practice.

Clinical physical therapist
Special Education Complex , Pakistan

(Dec 2020 – March 2021)

- Assessment and Management of different neurological, congenital deformities and MSK conditions.
- Assessment and Management of children with special abilities.
- Planning and implementing comprehensive rehabilitation programs appropriate to the patient concerned.
- Maintaining a comprehensive medical record of all patients.
- Training the students for differential diagnosing, clinical reasoning and history taking according to evidence-based practice.

EDUCATION AND QUALIFICATIONS

Master of Science in Musculoskeletal Physical Therapy (MS-PT MSK)

Khyber Medical University, Pakistan (Sep 2021).

Course description

- Master of Science in Musculoskeletal Physical Therapy (MSPT MSK) was a two year degree with following modules:
 - Sports Biomechanics, Musculoskeletal Disorders and Sports injuries I & II, Advance Physical Therapy Techniques I & II, Clinical Placement I & II, Biostatistics and Epidemiology, Clinical Placement I & II, Research Thesis/ Dissertation.
- It helped me to learn advanced musculoskeletal physical therapy techniques.
- Improved my ability to assess, diagnose, and treat different MSK disorders and sports injuries.
- It also enhanced my research skills.

Doctor of Physical Therapy (DPT)

Khyber Medical University, Pakistan (Sep 2015– Sep 2020)

- CGPA (2.76/4.00)

Course description

- A five-year degree program.
- Clinical rotations included visits to various wards such as the intensive care unit, surgical ward, medical ward, gynecology ward, pediatrics, neurological, and cardiology.
- Basic Modules were; Anatomy, Physiology, Biomechanics/Kinesiology, pathology, therapeutic exercises, etc.
- The main Physical therapy subjects were; musculoskeletal, neurological physiotherapy, cardiopulmonary physiotherapy, pediatric, geriatric, sports, manual therapy and physical agents etc.
- The program gave me all the relevant knowledge of my field and through this course, I learned how to excel it practically.

Research Projects

- Epidemiology, Complications and Rehabilitation outcomes of people with spinal cord injuries at Paraplegic Center Peshawar, Pakistan.
- Analysis of spine kinematics using modern electromechanical devices to improve pain and RoM: A systematic review and meta-analysis*.

Training and Certifications

- **7th Annual Health Research Conference (Apr 29-30-01 May, 2016)**
(Khyber Medical University Peshawar Pakistan)
- **39th Annual PAP Conference & 4th Joint Conference of Societies of Pathology.**
(25th-27th November 2016-Peshawar)