

SHABNAM MUMTAZ

Sharjah, 430000

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PROFESSIONAL SUMMARY

Highly talented and experienced Doctor, with a strong medical background, seeking a rewarding career in Medicine with a reputable hospital/medical facility. Committed to utilizing diverse skills and education for exceptional patient care, managing emergencies, and continuous learning and improvement. Exceptional interpersonal, communication, and professionalism skills with a system-based approach.

AFFILIATIONS

- MOH Eligibility (172874)
- DHA Eligibility (35660757)

SKILLS

- Handling OPD and IPD
- Patient Care
- Medical Knowledge
- Practice-based Learning & Improvement
- Health Assessments
- Minor Surgical Procedures
- Emergency Response
- Interpersonal & Communication Skills
- Professionalism
- System-based Practice
- Diagnostic Screenings
- Patient Interviewing
- Reproductive Health
- Prenatal and Postnatal Care

WORK HISTORY

GENERAL PRACTITIONER | 02/2022 to 11/2022

Thumbay Clinic - Sharjah, United Arab Emirates

- **Patient Consultations:** Diagnosing and treating a wide range of medical conditions through patient consultations, medical history analysis, and physical examinations.
- **Prescription and Treatment:** Prescribing appropriate medications and treatments based on diagnoses, following evidence-based guidelines.
- **Health Promotion:** Educating patients about preventive measures, healthy lifestyles, and disease management.
- **Routine Check-ups:** Conducting routine health check-ups, screenings, and vaccinations for patients of all ages.
- **Minor Procedures:** Performing minor medical procedures such as wound suturing, basic wound care, and injections.
- **Referrals:** Referring patients to specialists for further evaluation and advanced treatments when needed.
- **Medical Records:** Maintaining accurate and up-to-date medical records for each patient.
- **Teamwork:** Working closely with support staff and colleagues to ensure smooth clinic operations.

- Working closely with insurance companies, specialists and care providers for best-in-class treatments.
- Administered all treatments to over 15 - 25 daily patients with accuracy and compassionate care

GENERAL PRACTITIONER | 10/2018 to 12/2021

Qatar Medical Center – Bio-Smart Solutions - Karachi, Pakistan

- Achieved 95% patient satisfaction rate.
- Patient Consultations
- Prescription and Treatment
- Routine Check-ups
- Helped to streamline referral process and improve quality of care for patients.
- Kept detailed records of medical conditions and histories to provide best-in-class and individualized care

MEDICAL OFFICER | 12/2017 to 10/2018

SINA Health and Education Trust – Karachi, Pakistan

- Entered and scanned patient history, current medical conditions, and medications into EHR system.
- Patient Consultations
- Prescription and Treatment
- Routine Check-ups
- Improved patient outcomes and delivery of care through improved clinical quality processes
- Assisted senior physicians and surgeons during assessments, examinations and surgical interventions.

WOMEN MEDICAL OFFICER | 02/2017 to 11/2017

HANDS (Health & Nutrition Development Society) - Karachi, Pakistan

- Patient Consultations
- Prescription and Treatment
- Routine Check-ups
- Directed and coordinated patient care activities of 50% nursing and support staff.
- Trained and supervised medical students and residents engaged in special activities and procedures.
- Assisted senior physicians and surgeons during assessments, examinations and surgical interventions.

MEDICAL OFFICER | 12/2013 to 01/2017

Makhija Clinics - Khairpur, Pakistan

- Applied continuous process improvement strategies to enhance case management, programs and clinical management.
- Patient Consultations
- Prescription and Treatment
- Routine Check-ups
- Perform minor gynecological procedures and screenings.
- Assisted senior physicians and surgeons during assessments, examinations and surgical interventions.

MEDICAL OFFICER | 06/2013 to 11/2013

Indira Gandhi Memorial Hospital - Male, Maldives

- Entered and scanned patient history for average of 20, current medical conditions and medications into novel EHR system.

- Diagnose and treat gynecological issues and offer family planning, contraception, and STI prevention.
- Prenatal and Postnatal Care while providing care during pregnancy and after childbirth.
- Perform minor gynecological procedures and screenings.
- Assisted senior physicians and surgeons during assessments, examinations and surgical interventions.

MEDICAL OFFICER | 01/2003 to 06/2013

Sachal Medical Center - Nawabshah, Pakistan

- Patient Consultations
- Prescription and Treatment
- Routine Check-ups
- Perform minor gynecological procedures and screenings.
- Assisted senior physicians and surgeons during assessments, examinations and surgical interventions.

HOUSE OFFICER/HOUSE SURGEON | 01/2002 to 12/2002

Peoples Medical College - Nawabshah, Pakistan

- Provided 100% medical care and support to patients under supervision of senior medical staff in hospital or healthcare setting.
- Perform clinical duties, including patient assessments, medical procedures, and documentation, ensuring delivery of high-quality healthcare services.

CERTIFICATIONS & AWARDS

- Clinical updates on diabetes, Endocrinology & Obesity (CME Training)
- BLS training by AHA (American Heart Association)
- BLS (Basic Life Support) online training by MEDTIGO (AHA)
- PALS (Pediatrics Advance Life Support) by MEDTIGO (AHA)
- ACLS (Advance Cardiovascular Life Support) by MEDTIGO (AHA)
- Infection Prevention and Control (IPC) for Novel Coronavirus (COVID-19) by World Health Organization (WHO)
- Standard Precautions: Hand Hygiene by World Health Organization (WHO)
- Managing Complication in Pregnancy and Childbirth by JHPIEGO
- Certificate of appreciation (VVF Repair Surgical camp) by Dr. John Kelly UK.
- Certificate of Excellence from IGMH, Ministry of Health, Maldives.
- Respiratory Failure and Management by PMC
- CME Certificate for Severe Asthma & Primary care
- CME Understanding what the body vital signs are telling us by 'Coursera'.

EDUCATION

Peoples Medical College - Nawabshah, Pakistan | MBBS

Medicine, 12/2001

REFERENCES

Available on demand.